



For immediate release

For more information contact
Richard Angeloni, Vice President,
Marketing and Communications
415.972.4307 rangeloni@btmg.com

Brown & Toland Has Heart!
**Medical Group returns to sponsor and participate at
the American Heart Association's Heart Walk 2007**

SAN FRANCISCO, Calif....Sept. 27, 2007... Team Brown & Toland, consisting of more than 100 employees, marched down the Embarcadero to Justin Herman Plaza on Sept. 21 to walk in support of the San Francisco American Heart Association's *Heart Walk 2007*.

The *Start! Heart Walk* is a national challenge to promote physical activity and heart-healthy lifestyle. As one of the 450 Heart Walks nationwide, the San Francisco *Heart Walk* empowered men and women to take charge of their health through simple heart healthy exercise. The American Heart Association (AHA) aimed to raise \$1.5 million in this year's San Francisco *Heart Walk* to fund its continual research and educational effort to fight heart disease and stroke. To date, the Walk has raised over \$1.1 million and the fundraising support from participants is still ongoing.

Among the more than 80 participating corporations in San Francisco, Team Brown & Toland placed fifth in its fundraising effort, totaling \$46,578. The fundraising success is attributed to a combination of creative fundraising ideas among Brown & Toland's employees, and generous sponsorships from its vendors, including local FM radio station Energy 92.7. Fundraising activities range from ice cream sales, being a CEO for one day, to high profile celebrity concert tickets auction.

Gloria Austin, Brown & Toland's Chief Executive Officer, served as a member of the Heart Walk's 2007 Executive Committee.

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The fundraising commitment of Team Brown & Toland is an evidence of its employees serving as zealous healthcare advocates who promote a healthy lifestyle through both action and education. At Brown & Toland, employees participate in Walk this Way, a lunch time walking program along the scenic Embarcadero and around AT&T Park. In addition to employee programs, Brown & Toland offers a comprehensive disease management program around Congestive Heart Failure (CHF), to help its members manage their health and avoid hospitalization. For more information on Brown & Toland's CHF disease management program, please visit www.browndtoland.com.

About Brown & Toland

Brown & Toland Medical Group, based in San Francisco, Calif., has more than 1,500 physicians serving about 190,000 HMO patients and more than 80,000 PPO patients. Brown & Toland is a three-time winner of the prestigious Pacific Business Group on Health (PBGH) Blue Ribbon Award for medical excellence and has earned numerous other awards for quality. For more information, visit our Web site at www.browndtoland.com.