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My Health Medical Group named 2013 Patient-Centered Medical Home of the Year, becomes first in San Francisco to earn top NCQA recognition

Brown & Toland Physicians affiliate honored by California Academy of Family Physicians and achieves Level 3 NCQA ranking

SAN FRANCISCO, CALIF. (March 6, 2013) – My Health Medical Group, an affiliate of Brown & Toland Physicians (www.brownandtoland.com), won the 2013 “Patient-Centered Medical Home Practice of the Year” award from the California Academy of Family Physicians at its annual conference March 2 and 3.

My Health Medical Group (www.myhealthmedicalgroup.com) also became the first practice in San Francisco to earn recognition as a “Level 3 Patient-Centered Medical Home” from the National Committee for Quality Assurance (NCQA). Level 3 is the highest recognition possible from NCQA, a nonprofit healthcare accreditation entity that validates practices as patient-centered medical homes using a rigorous set of national industry standards.

“We are surprised and delighted by the recognition we’ve received so far,” said Lawrence Shore, M.D., lead physician at My Health Medical Group. “I feel these achievements help validate the idea that we are truly on our way to transforming the delivery of primary care through the patient-centered medical home model. The NCQA recognition and the Academy’s support give all of us at My Health Medical Group some extra momentum to continue improving the healthcare experience for all our patients.”

At My Health Medical Group, health care teams including physicians, nurse practitioners, medical assistants, data analysts, and other staff work together to provide seamless support to patients. The practice also offers patients on-site laboratory services, same-day appointments, extended hours, and the ability to communicate securely with their physician using an online patient portal.

This collaborative approach to primary care helps foster a more developed relationship between the healthcare team and the patient, and improves patient engagement. The end result: greater patient satisfaction as well as improved clinical outcomes.

“We are honored to be recognized by NCQA, and to be one of the first Level 3 Patient-Centered Medical Homes in Northern California,” said Fiona Wilson, M.D., Brown & Toland’s Chief of Clinical Transformation and President of My Health Medical Group. “Our goal is to keep improving
our practice, using technology and data to provide personalized care that meets the needs of our patients. They really inspire us to provide the best care possible.”

In addition to Dr. Shore, My Health Medical Group practicing physicians include Payal Bhandari, M.D., and Gayatri Khanna, M.D.

About My Health Medical Group
My Health Medical Group, an affiliate of Brown & Toland Physicians, was founded in 2012 to create a patient-centered medical home environment to better coordinate care and achieve higher quality outcomes through a healthcare partnership between physician and patient. Patients benefit from improved access, electronic communications with their physician, on-site lab services, and an experienced healthcare team that focuses on meeting patient needs. To learn more, visit www.myhealthmedicalgroup.com.

About Brown & Toland Physicians
Brown & Toland Physicians, based in San Francisco, is an independent practice association (IPA) of about 1,500 physicians across the Bay Area serving more than 300,000 HMO and PPO patients. Brown & Toland is a six-time winner of the California Association of Physician Group’s “Elite” honor and participates in the Pioneer Accountable Care Organization (ACO) model, a transformative new initiative sponsored by the Centers for Medicare & Medicaid Services (CMS) Innovation Center. To learn more, visit www.brownandtoland.com.

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