



Care Management

You're home from the hospital. What's next?

Complete the Checklist

Now that you've left the hospital, our Care Management services can help you recover faster. Use this easy checklist to get organized and prepare for your call with a Care Management nurse.

1. Have you made your follow up appointment with your doctor?
 - Yes.** Enter date: _____
 - No.** Remember, seeing your doctor within a week of your discharge can make your recovery easier.
2. Did you get your medication, and do you understand the instructions?
 - Yes.**
 - No.** Call your doctor or pharmacist.
3. Do you have any new signs or symptoms?
 - Yes.** Enter symptoms here and call your doctor as soon as possible.
 - No.**
4. If ordered, have you heard from the Home Health agency or the supply company (wheelchairs, walker, oxygen tanks, etc.)?
 - Yes.** They will be delivered on (date): _____
 - No.** Call Care Management at 415.972.4297 (TTY: 711).

**Questions? Call 415.972.4297
and ask for Care Management.**